Greenmarket Kids Recipe Series

RADISH TEA PARTY SANDWICHES

Recipe from At the Farmer’ Market with Kids by Leslie Jonath & Ethel Brennan

DID YOU KNOW: In Greek, the descriptive name of the radish genus is Raphanus, meaning “quickly appearing”. This is because it only takes about three weeks to grow the plant from seed to harvest. Radishes are also good sources of Vitamin C, important for keeping us healthy by boosting the immune system!

Serves 6

Ingredients:
2 bunches radishes*
3 tablespoons salted butter*
12 thin slices of rye bread or other sandwich bread*

*Ingredients available seasonally at your neighborhood Greenmarket

Instructions:

1. If the radish tops are still attached, twist them and pull off. Cut the radishes into thin slices.

2. Lightly spread the butter on one side of each slice of bread. Arrange the slices buttered-side up. For each sandwich, arrange a layer of radish slices on a slice of buttered bread. Place another slice of bread, buttered-side down. Cut the sandwiches into quarters to serve.