

# More ways to get farm-fresh veggies

If you're on the fence about committing to a rooftop farm or garden — or simply don't have the space — there are plenty of ways to get farm-fresh vegetables and fruit in the city.

## CSA

As a member of a CSA, or Community Supported Agriculture, you can get veggies (and sometimes fruit, eggs, meat, bread and flowers) from regional farmers on a weekly or bi-weekly basis. CSAs typically operate from June to October or November and cost anywhere from \$350 to \$650 for the season, depending on your share. Membership enrollment is going on now at CSA locations across NYC. To find one near you, visit [justfood.org/csaloc](http://justfood.org/csaloc).

## GrowNYC's Fresh Food Box Program

Get a box of fresh produce for just \$12 week to week through GrowNYC's Fresh Food Box Program. Each bag contains seven to nine seasonal fruits and vegeta-



GrowNYC's Farm Fresh Food Box Program is \$12 a box.

bles from farms located primarily in New York State, as well as healthy recipes and tips on storage and prep. For pick-up locations, visit [gownyc.org/foodbox](http://gownyc.org/foodbox).

## Greenmarkets

The city's greenmarkets have been

going strong for 40 years in New York City. Today, there are dozens located throughout each borough, where you can find local farm products on certain days of the week, oftentimes year-round. For locations and hours, visit [greenmarketco.org](http://greenmarketco.org).

(MEREDITH DELISO)

## Participation in the study involves:

Taking cognitive tests

Taking an fMRI (functional magnetic resonance imaging)

Undergoing general anesthesia

## Study Purpose:

To find out how quickly higher cognitive functions (for example memory and working with numbers) return after general anesthesia with sevoflurane

## Length of participation:

3-4 sessions in a 7 day period and phone call follow-ups for up to 1 year  
Compensation and Transportation will be provided.

## Contact Information:

Call the Anesthesia Research Team at 212-241-0840 with inquiries  
Study Principal Investigator: Patrick McCormick, MD  
Location: Hess Center for Science and Medicine, 1470 Madison Avenue, New York, NY 10029



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