



## **Greenmarket Seniors Nutrition Curriculum Volunteer**

Greenmarket, a program of GrowNYC

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### **About Greenmarket**

Greenmarket's mission is to promote regional agriculture and ensure a continuing supply of fresh local produce for all New Yorkers. Greenmarket supports farmers and preserves farmland for the future by providing regional, small family farmers with opportunities to sell their fruits, vegetables and other farm products to New Yorkers. Greenmarket is a program of GrowNYC, a nonprofit organization.

### **Greenmarket Seniors Nutrition Curriculum Volunteer**

Established in the fall of 2012, Greenmarket Seniors aims to improve nutrition, enhance social interaction, and benefit the overall physical and emotional health of New York City's older adults through interactive, educational tours of farmers markets. We are looking for someone with a Nutrition background to:

- Further develop the Greenmarket senior tour curriculum to include comprehensive nutrition based information and materials focused on eating local, specifically targeted to senior health and wellness
- Assist Greenmarket staff in development and coordination of the Greenmarket Seniors Project
- Reach out to New York City senior centers to schedule market tours and educational/nutritional workshops
- Lead seniors in walking tours of Greenmarkets while also giving nutrition lessons and cooking demonstrations

### **Benefits**

- Increase knowledge of urban food access issues in New York City
- Develop community organizing and education skills
- Develop planning, time management, site management, and team-based work skills
- Networking opportunities including staff gatherings and farm visits

### **Ideal Qualifications**

- Graduate student studying nutrition, public health, or a related field
- Interest in farmers markets and/or related issues – including: food access, food systems, sustainable agriculture, etc.
- Strong communication skills
- Experience working in education or with seniors preferred
- Ability to work outdoors in various weather conditions
- Excellent time management and organizational skills
- Fluency in languages other than English a plus

This volunteer opportunity is unpaid with flexible hours. A Metrocard will be provided. We are looking for someone to start immediately and work around 15 to 20 hours/week until October/November. Volunteers must be open to working in all five boroughs. Please submit resume and cover letter with "Greenmarket Seniors Volunteer" in the subject line to [rshepherd@grownyc.org](mailto:rshepherd@grownyc.org) Applications will be accepted on a rolling basis. GrowNYC is an Equal Opportunity Employer.